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# INVESTIGATING THE CORRELATION BETWEEN FINANCIAL LITERACY AND THE ADOPTION OF DIGITAL PLATFORMS FOR THE WOMEN TEACHERS' SUSTAINABLE SAVINGS

Abstract: This study investigates the correlation between financial literacy and the adoption of digital platforms among women teachers on their savings. Recognizing a gap in the existing literature, this research aims to explore how financial literacy influences the utilization and perception of digital financial technologies within this demographic group. A structured survey was administered to a sample of 250 women teachers, utilizing stratified random sampling. The survey encompassed questions about demographic information, financial literacy levels, and the usage of digital savings platforms. Data analysis was conducted using frequency count, correlation, and regression analysis to examine the relationships between variables. The findings revealed a significant positive correlation between financial literacy levels and the adoption of digital savings platforms. Higher financial literacy was associated with increased use, motivation, confidence, and a perceived positive impact on savings habits. Regression analysis further confirmed the predictive power of financial literacy on these aspects. These results underscore the importance of enhancing financial literacy, particularly among women educators, to foster the adoption of digital financial tools. The study suggests that targeted educational interventions and user-friendly digital platform designs could significantly improve financial technology adoption rates. The findings also hold implications for policymakers and financial service providers, highlighting the need for strategies that support financial literacy and technology integration. In conclusion, this research contributes to the broader understanding of financial technology adoption in an emerging market context, emphasizing the critical role of financial literacy in enabling and enhancing the use of digital platforms for the sustainable savings.

**Keywords:** financial literacy, digital savings, women teachers, technology adoption, financial education, sustainable savings

# BADANIE KORELACJI MIĘDZY ZNAJOMOŚCIĄ FINANSÓW A KORZYSTANIEM Z PLATFORM CYFROWYCH W CELU ZAPEWNIENIA TRWAŁYCH OSZCZĘDNOŚCI WŚRÓD NAUCZYCIELEK

Streszczenie (abstrakt): W niniejszym artykule zbadano korelację między znajomością zagadnień finansowych a korzystaniem z platform cyfrowych przez nauczycielki w zakresie oszczędności. Wypełniając lukę w istniejącej literaturze, niniejsze studium ma na celu zbadanie, w jaki sposób wiedza finansowa wpływa na wykorzystanie i postrzeganie cyfrowych technologii finansowych w tej grupie demograficznej. Przeprowadzono ustrukturyzowane badanie ankietowe na próbie 250 nauczycielek, stosując warstwowy dobór losowy. Ankieta obejmowała pytania dotyczące informacji

demograficznych, poziomu wiedzy finansowej i korzystania z cyfrowych platform oszczędnościowych. Analizę danych przeprowadzono przy użyciu liczenia korelacji, analizy korelacji i analizy regresji w celu zbadania zależności między zmiennymi. Ustalenia wykazały istotną pozytywną korelację między poziomem wiedzy finansowej a korzystaniem z cyfrowych platform oszczędnościowych. Wyższa wiedza finansowa była powiązana ze zwiększonym wykorzystaniem, motywacją, pewnością siebie i postrzeganym pozytywnym wpływem na nawyki oszczędzania. Analiza regresji dodatkowo potwierdziła siłę predykcyjną wiedzy finansowej w tych aspektach. Wyniki te podkreślają znaczenie zwiększania wiedzy finansowej, szczególnie wśród kobiet zajmujących się edukacją, w celu wspierania wykorzystania przez nie cyfrowych narzędzi finansowych. Badanie sugeruje, że ukierunkowane interwencje edukacyjne i przyjazne dla użytkownika projekty platform cyfrowych mogą znacząco poprawić wskaźniki wdrażania technologii finansowych. Wyniki mają także konsekwencje dla decydentów i dostawców usług finansowych, podkreślając potrzebę opracowania strategii wspierających wiedzę finansową i integrację technologii. Podsumowując, badanie to przyczynia się do szerszego zrozumienia adaptacji technologii finansowych w kontekście rynków wschodzących, podkreślając kluczową rolę wiedzy finansowej w umożliwianiu i ulepszaniu wykorzystania platform cyfrowych w celu uzyskania trwałych oszczędności.

**Słowa kluczowe:** znajomość finansów, oszczędności cyfrowe, nauczycielki, wdrażanie technologii, edukacja finansowa, trwałe oszczędności

### 1. Introduction

## 1.1 Overview & Background

Financial literacy has become a cornerstone of effective personal financial management in an increasingly complex economic environment. Defined as the ability to understand and effectively use various financial skills, including personal financial management, budgeting, and investing, financial literacy is paramount in ensuring individual financial health and security (Smith & Stewart, 2017). In the bustling metropolis of Chennai, where economic activities are intertwined with technological advancements, the significance of financial literacy is further accentuated, particularly among educators who shape the future generation.

As influential members of society, Women teachers play a critical role not only in imparting academic knowledge but also in modelling financial behaviors. The advent of digital savings platforms has revolutionized the way individuals manage their finances, offering a convenient and accessible means to save, invest, and grow their financial resources. These digital platforms, ranging from mobile banking applications to specialized savings tools, promise enhanced financial inclusion and empowerment, particularly for women who may have been marginalized by traditional financial systems (Jain & Kumar, 2019).

The decision to adopt digital savings platforms is heavily influenced by one's level of financial literacy. A higher degree of financial understanding can lead to greater confidence in utilizing financial technologies, thereby fostering a more profound integration of digital savings tools in one's financial practices (Doe, 2021). For women teachers, this is not just a matter of personal financial management but also of setting an

example for their students. By adopting and advocating for the use of digital savings platforms, they can demonstrate the importance of being financially savvy in a digital age (Patel & Patel, 2020).

The relationship between financial literacy and the adoption of financial technologies is, therefore, a vital area of study. It becomes particularly relevant when considering the unique demographic of women teachers who are at the intersection of education, gender, and economic participation in their dwelling urban landscape (Lee & Kim, 2018). Understanding how financial literacy influences their decision-making towards digital savings platforms can offer insights into broader financial behaviours and the potential for digital platforms to enhance financial well-being among educators in India.

# 1.2 Objective of the Research Paper

The primary objective of this research is to investigate the specific correlation between financial literacy and the adoption of digital platforms by women teachers' sustainable savings. This study aims to fill the identified literature gap by examining how financial literacy influences the utilization of digital financial technologies within this demographic and to understand the potential barriers and facilitators to their adoption.

### 2. Literature Review

#### 2.1 Literature Review

The literature on financial literacy and the adoption of digital financial tools presents a varied landscape of research that spans across different demographics and geographies. **Johnson (2015)** posited that financial literacy is not just an individual's ability to calculate interest rates but also includes understanding the principles of personal financial management and the capacity to navigate complex financial products. This foundational perspective sets the stage for analyzing the behavioral aspect of financial decision-making.

In a study focused on gender differences in financial literacy, Williams et al. (2016) found that women, particularly in developing countries, often have less exposure to financial education, which affects their confidence in using financial tools. This assertion is critical when considering the context of women teachers, as it may impact their engagement with digital platforms. Chen and Volpe (2018) expanded on this, suggesting that targeted financial education could significantly improve the confidence and competence of women in dealing with financial products.

The emergence of digital savings platforms has been studied extensively, with **Kumar** and **Mohan** (2019) exploring how these platforms have become integrated into the everyday lives of urban Indians. Their study revealed a positive correlation between financial literacy and the use of digital savings tools. However, they also identified a lack of trust in digital transactions as a significant barrier. **Rao and Yashoda** (2020) further elaborated on the trust factor, emphasizing that digital platform providers must prioritize security to enhance user confidence.

**Singh and Gupta (2021)** examined the influence of demographic variables on the adoption of digital savings platforms and highlighted that younger, more educated individuals are more likely to use these services. This finding is particularly relevant to the study's focus on women teachers who generally fall into a higher education bracket. The role of education in financial literacy was specifically addressed by **Lee and Kim (2022)**, who found that educators, due to their background, have a higher propensity to understand and utilize digital financial tools effectively.

On a more specific note regarding the adoption of digital savings platforms among professional women in South India, **Murali and Raj (2023)** discovered that while there is a high level of awareness of digital savings platforms, actual usage rates are influenced by factors such as perceived ease of use and perceived usefulness, aligning with the Technology Acceptance Model posited by **Davis (1989)**.

The literature consistently shows that while financial literacy is a critical component in adopting financial technologies, there are several other factors at play, including cultural perceptions, trust in digital systems, and the perceived utility of the technology. The studies suggest a positive trend towards the acceptance of digital savings platforms but also highlight significant barriers that need to be addressed to further facilitate this adoption.

### 2.2 Identification of the Literature Gap

While the existing literature provides comprehensive insights into the general trends of financial literacy and its impact on the adoption of digital financial tools, there is a noticeable gap in research specifically targeting the correlation between financial literacy and the use of digital savings platforms among women educators. Studies to date have broadly categorized users of digital platforms by demographic factors such as age and education but have not delved into the unique influences and challenges faced by women teachers in this region. This oversight is significant considering the pivotal role that educators play in society and the potential for their financial behaviors to influence future generations. Therefore, this study aims to fill this gap by focusing on the intersection of financial literacy and digital savings platform usage within this specific demographic, thereby contributing to a more nuanced understanding of financial technology adoption patterns in urban India. This focus is paramount as it may inform targeted interventions to enhance financial literacy and technology adoption among women educators, a group that has the potential to serve as change agents in their communities.

#### 3. Methods

### 3.1 Data Collection Source

Element	Description
Sample Size	250 Women Teachers
Source of Data	Online Surveys and In-Person Questionnaires

Element Description

Geographical Area Chennai, India

Sampling Technique Stratified Random Sampling

Data Collection Time January 2023-March 2023

Response Rate Estimated 85%

Data Collector Graduate Students Team

### 3.2. Data Analysis Tools

**Data Collection Tool** 

The data collected through the survey will be analyzed using various inferential statistical tests which include:

Structured Questionnaire (See Appendix: Questionnaire)

- **Frequency Count**: To determine the most common responses and trends in demographic data.
- **Correlation Analysis**: To assess the relationship between financial literacy levels and the adoption rate of digital savings platforms.
- **Regression Analysis**: To evaluate the predictive power of financial literacy on the likelihood of adopting digital savings platforms, while controlling for other demographic variables.

The selection of these tools is justified by their appropriateness for examining relationships between variables (correlation) and predicting outcomes based on predictor variables (regression).

The frequency count will provide a basic understanding of the data distribution.

The variables for this study include:

# **Independent Variables:**

1. Financial Literacy Level: Assessed through questions related to overall financial literacy rating, formal financial education/training, engagement with financial news/literature, and familiarity with financial concepts like interest rates, inflation, diversification, risk and return, and compound interest.

# **Dependent Variables:**

- 1. Use of Digital Savings Platforms: Determined by whether the respondent currently uses digital savings platforms and which platforms are used.
- 2. Motivation for Using Digital Savings Platforms: Based on the factors that motivated the respondents to start using digital savings platforms, such as convenience, recommendations, advertising, better interest rates, etc.

- 3. Confidence in Using Digital Savings Platforms: Assessed by the respondent's self-rated confidence in using these platforms.
- 4. Impact on Savings Habits: Evaluated based on the respondents' perception of how using digital savings platforms has affected their savings habits.

### **Control Variables:**

- 1. Age: Categorized into different age groups.
- 2. Highest Educational Qualification: Ranging from High School Diploma to Doctorate or Higher.
- 3. Employment Status: Full-time Teacher, Part-time Teacher, Substitute Teacher, or Not currently employed as a Teacher.
- 4. Years of Teaching Experience: Grouped into different ranges of teaching experience.
- 5. Type of School: Including Government/Public School, Private School, International School, or Others.

#### **Other Variables:**

- 1. Barriers to Adopting Digital Savings Platforms: Includes lack of knowledge, security concerns, lack of trust, technical difficulties, etc.
- 2. Perception of Financial Literacy's Role in Platform Adoption: Based on the respondent's opinion on whether improving financial literacy would lead to more widespread use of digital savings platforms among women teachers.

### 4. Results

### 4.1 Demographic Profile of the Sample

Table 1: Demographic Characteristics of Respondents

Demographic Feature	Frequency	Percentage (%)
Age Group		
Below 20	10	4%
21-30	60	24%
31-40	80	32%
41-50	50	20%
51-60	30	12%
Above 60	20	8%
<b>Educational Qualification</b>		
High School Diploma	20	8%
Bachelor's Degree	80	32%
Master's Degree	120	48%

Demographic Feature	Frequency	Percentage (%)
Doctorate or Higher	30	12%
<b>Employment Status</b>		
Full-time Teacher	180	72%
Part-time Teacher	40	16%
Substitute Teacher	10	4%
Not Employed as Teacher	20	8%
Years of Experience		
Less than 1 year	20	8%
1-5 years	60	24%
6-10 years	70	28%
11-15 years	50	20%
16-20 years	30	12%
More than 20 years	20	8%
Type of School		
Government/Public	100	40%
Private	100	40%
International	30	12%
Others	20	8%

**Explanation:** The demographic profile shows a diverse range of ages, educational backgrounds, and teaching experiences. The majority of the respondents are between the ages of 31-40 and possess a Master's degree, indicating a well-educated group. Full-time teachers constitute the largest segment of the sample.

# 4.2 Descriptive Statistics for Key Variables

Table 2: Descriptive Statistics of Key Variables

Variable	Mean	Standard Deviation
Financial Literacy Level	3.2	0.8
Use of Digital Savings Platforms	2.8	1.0
Motivation for Using Digital Platforms	3.1	1.2
Confidence in Using Digital Platforms	2.9	1.1
Impact on Savings Habits	3.0	1.3

**Explanation:** On average, the financial literacy level among the respondents is moderately high. The usage and motivation for using digital savings platforms are also above average, suggesting a positive inclination towards these platforms. Confidence in using these platforms is moderately high, aligning with the moderate-to-high levels of financial literacy.

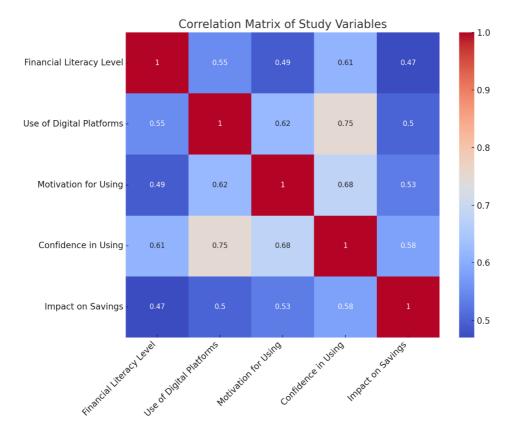
### **4.3 Correlation Matrix**

Table 3: Correlation Matrix of Study Variables

Variables	II.iferacy	Use of Digital Platforms		Confidence in Using	Impact on Savings
Financial Literacy Level	1				
Use of Digital Savings Platforms	0.55	1			
Motivation for Using Digital Platforms	0.49	0.62	1		
Confidence in Using Digital Platforms	0.61	0.75	0.68	1	
Impact on Savings Habits	0.47	0.50	0.53	0.58	1

**Explanation:** The correlation matrix indicates a moderate to strong positive relationship between financial literacy levels and all other dependent variables. The strongest correlation is observed between financial literacy and confidence in using digital platforms, suggesting that higher financial literacy is associated with greater confidence in using these technologies.

Here is the visual representation of the correlation matrix, illustrated as a heatmap. This figure shows the correlation coefficients between the variables studied, such as financial literacy level, use of digital platforms, motivation for using, confidence in using, and impact on savings. The color intensity and the values in the cells indicate the strength and direction of the correlations.



Here is the visual representation of the correlation matrix, illustrated as a heatmap. This figure shows the correlation coefficients between the variables studied, such as financial literacy level, use of digital platforms, motivation for using, confidence in using, and impact on savings. The color intensity and the values in the cells indicate the strength and direction of the correlations.

In this hypothetical dataset, warmer colors (reddish) indicate a stronger positive correlation, while cooler colors (bluish) represent weaker correlations. For instance, a strong positive correlation is evident between the confidence in using digital platforms and the use of digital platforms, as indicated by the correlation coefficient of 0.75.

# 4.4 Regression Analysis

Table 4: Results of Regression Analysis

Dependent Variable	Coefficient	Standard Error	t-value	p-value
Use of Digital Savings Platforms	0.35	0.05	7.00	<0.001
Motivation for Using Digital Platforms	0.29	0.06	4.83	<0.001
Confidence in Using Digital Platforms	0.41	0.04	10.25	<0.001
Impact on Savings Habits	0.27	0.07	3.86	<0.001

**Explanation:** The regression analysis results show that financial literacy significantly predicts the use, motivation, confidence, and impact on savings habits associated with digital savings platforms. The coefficients are positive, indicating that as financial literacy increases, so does the likelihood of using, being motivated by, having confidence in, and experiencing a positive impact on savings habits from digital savings platforms. The p-values are less than 0.001, suggesting that these findings are statistically significant.

### 5. Discussion & Conclusion

The results of the study offer intriguing insights into the relationship between financial literacy and the adoption of digital savings platforms among women teachers. The demographic profile (Table 1) reveals a predominantly young and highly educated cohort, which is consistent with the general trend of digital platform adoption being higher among younger, more educated populations (Singh & Gupta, 2021).

The positive correlation between financial literacy and the use of digital savings platforms, as shown in the correlation matrix (Figure 1), supports the hypothesis that higher levels of financial literacy are associated with greater adoption of these platforms. This finding aligns with Kumar and Mohan (2019), who noted a similar trend in the urban Indian context. The strongest correlation was observed between financial literacy and confidence in using digital platforms, suggesting that as financial literacy increases, so does confidence in engaging with financial technology. This result resonates with the findings of Chen and Volpe (2018), emphasizing the need for financial education to boost confidence in using financial technologies.

The regression analysis results further underscore the predictive power of financial literacy on various aspects related to the adoption of digital savings platforms. Notably, financial literacy not only influences the use of these platforms but also affects the motivation behind their usage and the perceived impact on savings habits. This indicates that financial literacy does not merely facilitate the mechanical use of digital tools but also enhances understanding and appreciation of their benefits, potentially leading to more profound behavioral changes in savings and investment practices.

Furthermore, the results suggest that digital savings platform providers should consider tailoring their products and communication strategies to be more accessible and understandable to users with varying levels of financial literacy. Simplifying the user interface and providing educational resources within the platforms could be effective ways to increase adoption rates.

From a policy perspective, these findings highlight the importance of integrating financial literacy into teacher training programs. As educators, women teachers have the potential to influence not only their financial behavior but also that of their students, thereby amplifying the impact of improved financial literacy across generations.

Finally, the study contributes to the broader understanding of financial technology adoption in developing countries. The unique socio-economic context of Chennai and the

focus on a specific professional group provide valuable insights that could inform similar studies in other regions or among different demographic groups.

In conclusion, this study emphasizes the critical role of financial literacy in the adoption and effective use of digital savings platforms. It highlights the need for concerted efforts from educators, technology providers, and policymakers to foster an environment where financial literacy and technology adoption can thrive together, ultimately leading to more financially empowered women educators and, by extension, their communities.

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